

JYOTI COLLEGE

OF MANAGEMENT SCIENCE AND TECHNOLOGY, BAREILLY

Useful links for Awareness of COVID-19

❖ MoHFW | Home

<https://www.mohfw.gov.in/>

❖ Managing mental stress and depression during lockdown

<https://youtu.be/wRYP0vjOeck>

❖ Various health experts on how to manage mental health and well-being during the #COVID19 outbreak

<https://youtu.be/iuKhtSehp24>

❖ Video on Addressing Social Stigma Associated with COVID-19 (Hindi)

<https://youtu.be/ca0gl2C3SVI>